

## Happy New Year From The New Mexico Suicide Prevention Coalition!

Greetings to all. We hope the New Year finds all well and eager to continue our work of reducing the suicide rate in New Mexico. Again, we need all to succeed in this mission.

### It is time for our next Coalition Meeting:

Wednesday, January 17, 2007 in Santa Fe  
NCGR Building  
2935 Rodeo Park East  
Santa Fe, NM 87505

Please use the links below to review the meeting materials (Adobe Acrobat format):

- [Meeting Agenda](#) (with directions at bottom of page)
- [Binge Drinking and Associated Health Risk Behaviors Among High School Students - Pediatrics, January 2007](#)
- [Risk and Protective Factors in Youth Suicide](#) (Draft)

Since this is start of the 2007 Legislative session. We will be discussing this year's priorities and bills for suicide prevention being proposed. As well as have some informative suicide prevention discussion and great networking..

Please take a minute to let the Governor and your legislator now Suicide is a priority for you. And don't forget to thank the Governor for all he has done as well:

[www.legis.state.nm.us](http://www.legis.state.nm.us)

### Training:

NMSPC sponsored training on **January 11 & 12 in Albuquerque, NM** by Dr. Clayton Small for his Native HOPE ( Helping Our People Endure) Training of Facilitators. This 2-day training on a suicide prevention peer support program is open to all.

Native H.O.P.E is based on the theory that suicide can be prevented in Indian Country by Native Youth being committed to breaking the "code of silence." The program premised on the foundation of increasing "strengths" as well as warning-signs-awareness of suicide among Native Youth. The program supports the full inclusion of Native Cultures, traditions, spirituality, and humor.

Follow these links for the [Registration Form](#) and [Abstract](#) on this training (Adobe Acrobat format). If you want to attend, please let us know ASAP, as we need final number to print manuals etc. 11 CEUs for counselors and social workers are available.

### NMSPC News:

It is a New Year and the NMSPC continues to grow. We now have a database of 900 New Mexicans concerned with and helping to reduce the high suicide rate in our state. Together we will succeed. Our coalition is working to offer more trainings statewide, educate New Mexicans and policy makers on the issues of suicide in our state and advocate for continued and increased

funding. As well, we have put finishing touches on our revamped website that will offer lots of information on national and regional suicide prevention information. This will be shown at the coalition meeting on the 17th and is expected to be up by January 15, 2007.

I am now working more hours for the coalition and we continue to organize and grow. Now, more than ever we need your support. [Follow this link](#) for the, still extremely affordable, NMSPC membership form (Adobe Acrobat format). Take a minute and join us as a member-your support will enable us to continue this work and growth. If you recently joined, thank you, we value your support. This is a coalition so the more members the stronger we are as a voice. Join this voice so all can hear the needs for more suicide prevention in our state!

The NMSPC will be providing monthly e-mail updates/newsletter, and alerts as needed throughout the year. So, again your support helps us all keep connected on what's happening with suicide prevention in our state. If you have a suicide prevention/related training or event to put on the calendar, please e-mail Suzanne at the address below-allow us a week to get this up.

I hope to see you in the coming year at an event, and especially on the NMSPC Day at the Roundhouse-March 7th, 2007-mark your calendar. We will have a press conference at 1pm in the Rotunda. Please come out and help us be heard. Together our voice is a roar that can't be ignored!!

We also want to say thank you to Michelle Linn-Gust, former NMSPC Board Chair and founder, and JoAnn Sartorius, former Vice Chair and founder. They have laid a great foundation on which we will grow. They both will be active, JoAnn as a board member and Michelle as an advisory board member.

Joan Murphy is our new Board Chair and Shawna Chavez is the new Vice Chair. Both have been active since our inception. We welcome them both and look forward to continued growth of the NMSPC.

May this year bring your efforts continued success,

Suzanne Udall  
NMSPC Executive Director  
505-401-9382  
[Suzanne@nmsuicideprevention.org](mailto:Suzanne@nmsuicideprevention.org)  
[www.nmsuicideprevention.org](http://www.nmsuicideprevention.org)

Visit us online at <http://www.NMSuicidePrevention.org>  
To Add/Delete/Modify Email info, send a message to [Coalition@NMSuicidePrevention.org](mailto:Coalition@NMSuicidePrevention.org)

**New Mexico Suicide Prevention Coalition**  
**PO Box 3631**  
**Albuquerque, NM 87190**  
**505-401-9382**  
[Coalition@NMSuicidePrevention.org](mailto:Coalition@NMSuicidePrevention.org)